



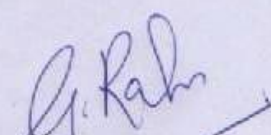
**Shri Guru Ram Rai Institute of Medical & Health Sciences**  
**College of Nursing**  
Patel Nagar, Dehradun - 248 001

Ref. No./SGRRIM&HS/CON/2025- 855

Date: 20-03-2025

**NOTIFICATION: NUTRITIONAL PROGRAMME UNDER BEST PRACTICE**

This is to inform you all that SGRRIM&HS College of Nursing is organizing Nutrition practical programme. under BEST PRACTICE Serving Therapeutic Diet to hospital patients on 22/03/2025 at SMIH (Medicine Ward 3<sup>rd</sup>) from 11am onwards. You all are cordially invited.

  
**Thanks & Regards**

**Dean, Nursing**

*Principal*

**College of Nursing**  
**S.G.R.R.I.M.H.S.**  
**Patel Nagar, Dehradun**

Phones : (0135) 2522313, 2522147, 2522112, 2522110, 2522228, 2522100, 2522200, 6672400, 6672562, 6672609, Fax : (0135) 2720151

E-mail : con@sgrmic.com Website : www.sgru.ac.in



# SGRRIM&HS COLLEGE OF NURSING



## Therapeutic Diet

*We cordially invite you to join us on  
"Nutrition practical under best  
practice"*

MARCH 22, 2025 | 11 AM

VENUE: MEDICINE WARD-III  
BY-GNM 1ST YEAR NURSING  
STUDENTS



**SGRRU, SGRRIM&HS, COLLEGE OF NURSING,**

**PATEL NAGAR DEHRADUN**

**REPORT ON NUTRITION PRACTICAL PROGRAM**

**UNDER BEST PRACTICE**

**THERAPEUTIC DIET**

**DATE -22/03/2025**

**TIME – 11AM**

**VENUE – MEDICINE WARD(UNIT III)**

**SMIH, PATEL NAGAR,**

**DEHRADUN, UTTARAKHAND.**

SGRRU, SGRR IM&HS College of Nursing, Class Co-ordinator **Mr.Amit Samson George Nursing Tutor**, Department of fundamental of nursing & **Ms.Anjali Nursing Tutor**, Department of Community health nursing conducted Nutrition Practical, Under Best Practice on **22<sup>nd</sup> March 2025** under the guidance of respected Prof Dr. G. RAMALAKSHMI, Dean, SGRRIM&HS College of Nursing, SGRR University.

The therapeutic diet for the patients admitted in **Medicine Ward Unit III** of Shri Mahant Indires Hospital was prepared by GNM 1<sup>st</sup> Year Nursing students. The patients were given health talk on Therapeutic diet for Diabetic and hypertensive patient followed by meal distribution.

There were 15 students who prepared the diet and among those 2 students have given health education and it was evaluated by Mr. Ankit Dal and Ms Sulekha

Positive feedback was given by patients after having the meal. Total 34 patients were provided therapeutic diet and they appreciated the experience and acquired valuable knowledge.





GPS Map Camera

Dehradun, Uttarakhand, India  
823c+2rm, K P Rd, Nanak Vihar, Dehrakhas, Patel  
Nagar, Dehradun, Uttarakhand 248121, India  
Lat 30.30297° Long 78.021571°  
22/03/2025 01:17:02 PM GMT +05:30



GPS Map Camera

Dehradun, Uttarakhand, India  
Kargi Road, Patel Nagar, Dehradun,  
Uttarakhand 248001, India  
Lat 30.302894, Long 78.021891  
03/22/2025 12:01 PM GMT+05:30  
Note : Captured by GPS Map Camera







GPS Map Camera

Dehradun, Uttarakhand, India

KP Road, Patthribagh, Dehradun, Uttarakhand  
248001, India

Lat 30.304867, Long 78.022354

03/22/2025 12:34 PM GMT+05:30

Note : Captured by GPS Map Camera



GPS Map Camera

Dehradun, Uttarakhand, India

Kargi Road, Patel Nagar, Dehradun,  
Uttarakhand 248001, India

Lat 30.303068, Long 78.021584

03/22/2025 10:11 AM GMT+05:30

Note : Captured by GPS Map Camera







Dehradun, Uttarakhand, India  
 Kargi Road, Patel Nagar, Dehradun,  
 Uttarakhand 248001, India  
 Lat 30.302975, Long 78.021745  
 03/22/2025 12:02 PM GMT+05:30  
 Note : Captured by GPS Map Camera



Dehradun, Uttarakhand, India  
 KP Road, Patel Nagar, Dehradun, Uttarakhand  
 248001, India  
 Lat 30.304838, Long 78.022240  
 03/22/2025 12:42 PM GMT+05:30  
 Note : Captured by GPS Map Camera



Dehradun, Uttarakhand, India  
 KP Road, Patel Nagar, Dehradun, Uttarakhand  
 248001, India  
 Lat 30.304794, Long 78.022233  
 03/22/2025 12:32 PM GMT+05:30  
 Note : Captured by GPS Map Camera



Dehradun, Uttarakhand, India  
 824c+5fv, Industrial Area, Govt.Industrial Estate,  
 Patel Nagar, Dehradun, Uttarakhand 248001, India  
 Lat 30.305274° Long 78.021771°  
 22/03/2025 12:44:14 PM GMT +05:30



# FEEDBACK FORM



SGRRU, SGRRIM&HS COLLEGE OF NURSING

PATEL NAGAR, DEHRADUN

NUTRITION FEEDBACK FORM IN SMI HOSPITAL

1. मरीज का नाम Tushka Devi उम्र 60 लिंग female
2. तारीख 22/03/25 पता \_\_\_\_\_
3. कोई सुझाव डिमेंट खाया बंदित अचूक लगा  
कालसी, विकारों

मरीज के हस्ताक्षर: \_\_\_\_\_

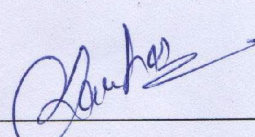


SGRRU, SGRRIM&HS COLLEGE OF NURSING

PATEL NAGAR, DEHRADUN

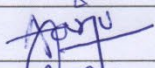

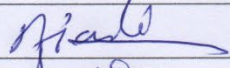
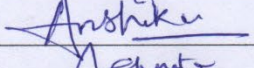
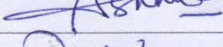
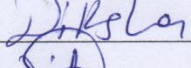

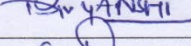
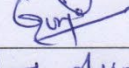
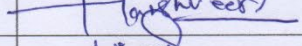
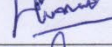
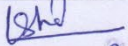
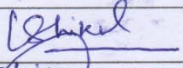
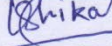
NUTRITION FEEDBACK FORM IN SMI HOSPITAL

1. मरीज का नाम Sunita Chauhan उम्र 35 लिंग female
2. तारीख 22/03/25 पता Ripana Nager, nanidwar
3. कोई सुझाव बहुत अच्छा और healthy.

मरीज के हस्ताक्षर: 



**SHRI GURU RAM RAI UNIVERSITY  
COLLEGE OF NURSING  
ATTENDANCE SHEET  
GNM FIRST YEAR**

SR.NO	NAME OF STUDENTS	SIGNATURE
1	AARJU SAINI	
2	AISHA IRSHAD	
3	ANJALI SINGH	
4	ANSHIKA KUMARI	
5	ASHMITA	
6	DIKSHA	
7	DIVYA	
8	DIVYANSHI	
9	GUNJAN	
10	HARSHVEER	
11	HIMANI	
12	ISHA KUMARI	
13	ISHIKA SETHI	
14	ISHIKA THAKUR	
15	JAITHRAMOL	