



**Shri Guru Ram Rai Institute of Medical & Health Sciences  
College of Nursing**

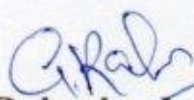
Patel Nagar, Dehradun - 248 001

Ref.No./SGRR/CON/2025- 834

Date: 27/01/2025

**NOTIFICATION FOR SCHOOL HEALTH  
PROGRAMME**

This is to inform you all that SGRRIM & HS,  
College of Nursing is School Health Program on 28<sup>th</sup>  
January 2025 from 10:00 am onwards at Mothrowala.  
You all are cordially invited.

  
**Principal**  
College of Nu  
S.G.R.R.I.M.H.S.  
Patel Nagar, Dehradun



# **SGRRU,SGRRIM&HS COLLEGE OF NURSING**

## **PATEL NAGAR DEHRADUN**

### **REPORT ON SCHOOL HEALTH**

### **PROGRAMME 29 JANUARY 2025**

**DATE:** 29-01-2025

**TIME :** 10 A:M Onwards

**NAME OF FACULTY INVOLVED:** (Dr.) Professor G Ramalakshmi, Ms. Arti Negi Assistant Professor, Mr. Sojan Thomas Nursing Tutor, Ms. Anjali Mehra Nursing Tutor

**VENUE:** Government primary School, Daudwala, Dehradun

**BENEFICIARIES:** 103 Children of Government primary School, Daudwala

#### **INTRODUCTION**

School visit is an important part of the community health programme. The goal of the visit was to experience the awareness programme between the students of school of Daudwala, Dehradun.

The students reached at the school at 10:00 AM on 29 January 2025. Then all the school students were gathered at assembly area of school.

This was one day programme which is conducted by the M.SC 1<sup>st</sup> Year nursing community speciality students(2021 & 2022) and B.Sc nursing 5th Semester students under the guidance and supervision of Professor G Ramalakshmi , Mrs. Arti Negi, Assistant Professor in Community Health Nursing. Considering the importance of health services to be provided to school children we have organized school health programme.

Total number of students in the PRIMARY SCHOOL OF DAUDWALA, DEHRADUN is around 103 students. The children between the age of 5- 14 years are school age children. About 30 percent of the population is comprised of this age group.

#### **OBJECTIVES:**

- To make student aware about the personal hygiene.
- To make students aware about the environmental sanitation, traffic lights.
- To provide health education.
- To perform health screening of school children
- To detect any abnormality at its early stage

- To bring health awareness in school children
- To encourage children to adapt healthy health habits.
- To Inculcate positive changes to improve positive health among school children.

### **ACTIVITIES:**

B.Sc Nursing 4<sup>th</sup> Semester students have performed anthropometric measurement of school children and calculated the BMI of children. They have undertaken health screening of students. Physical examination of 103 students were done .

Charts exhibition were organized on various topics such as

- Personal hygiene
- Hand washing
- Good or bad habits
- Good or bad touch
- Traffic lights
- Good food and bad food
- Skit performance by B.Sc nursing 5th Semester students.
- Good habits by B.Sc nursing 5th Semester students
- Handwashing dance performance by B.Sc nursing 5th Semester students.
- Quiz is conducted by b.sc nursing 5<sup>th</sup> Semester students based on the activities they performed.
- Physical assessment of the students is done by b.sc and MSC students.
- Refreshment and stationary items were distributed among students at the end of session

### **CONCLUSION:**

School health services are essential part of community health services. Ultimate aim of organizing school health programme is to improve the health status of school children so that they can attain a healthy living .The main activities are included in programmes are poster presentation, quiz, anthropometric assessment, health education etc. It is the responsibility of the teachers ,other school staff and community health workers to find out any deviation from the normal condition and take appropriate steps in this direction. School teachers were also made aware about how to maintain record of health status in school children. At the end of the programme we felt that students were entertained and motivated



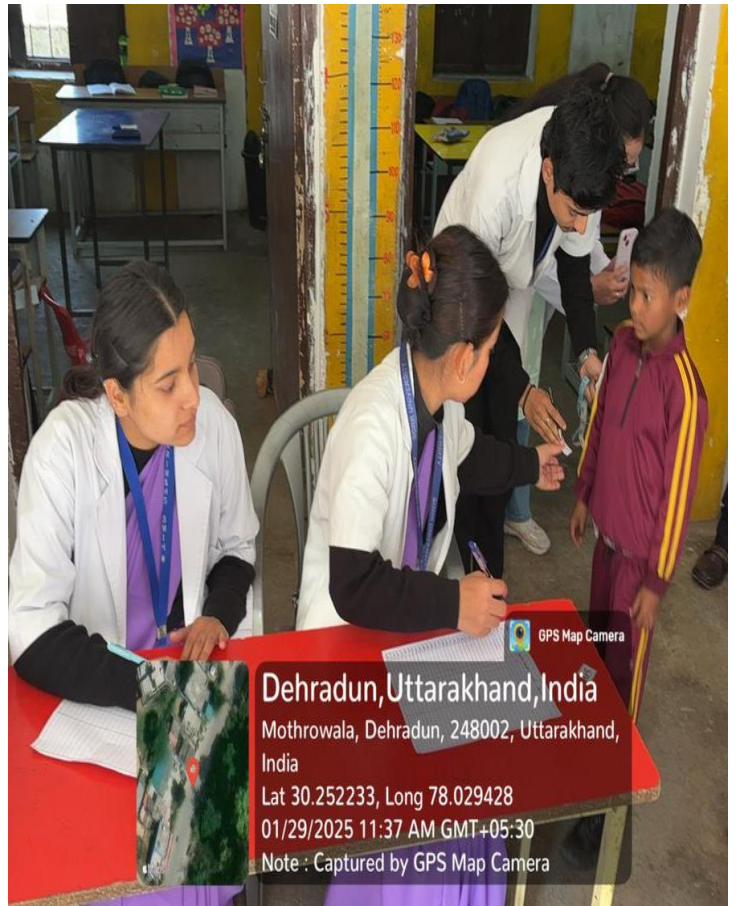
# PHOTOS







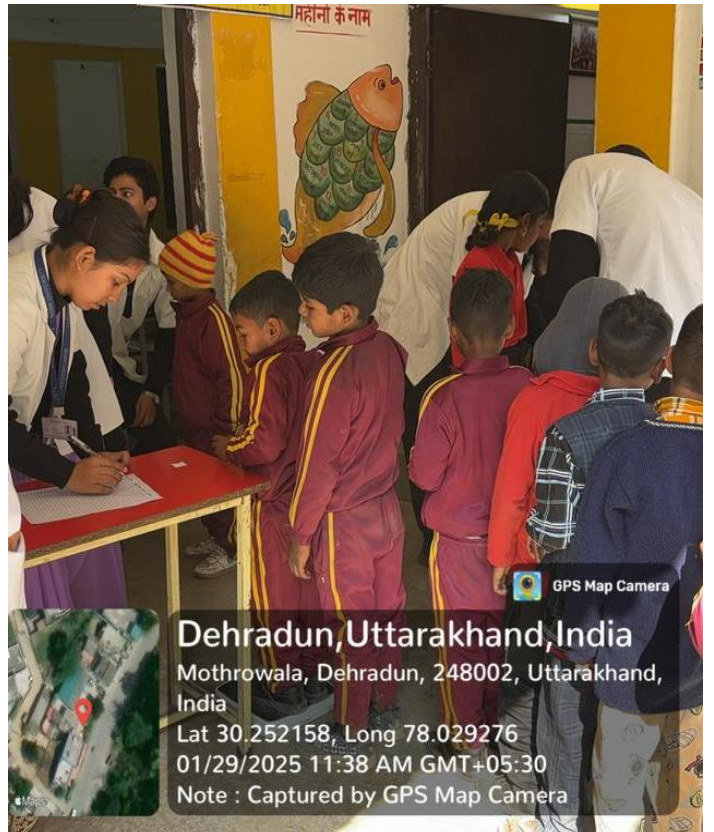
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Note : Captured by GPS Map Camera



Dehradun, Uttarakhand, India  
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Dehradun, Uttarakhand, India  
Mothrowala, Dehradun, 248002, Uttarakhand, India  
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Note : Captured by GPS Map Camera

## **INTRODUCTION:**

The students of M.SC 1<sup>st</sup> Year Nursing community specialty along with the B.Sc nursing 5th Semester students conducted 1 week physical

assessment program in PRIMARY SCHOOL OF DAUDWALA, DEHRADUN under the guidance of Mrs. Arti Negi Assistant professor.

Students have done the physical assessment of the students which includes:

- Name
- Age/sex
- Height
- Weight
- Remarks

## **OBJECTIVES:**

- To determine the students level of health and functioning.
- To identify the risk for problems.
- To determine the areas of preventing nursing.
- To collect the baseline data.
- To diagnose a medical problem.
- To provide health education.

## **SUMMARY OF ASSESSMENT**

After doing the physical assessment of the students we observed that most of the students have not maintained their personal hygiene.

So, on the basis of the remarks we have decided to give them a health education which will be beneficial to them