



**Shri Guru Ram Rai Institute of Medical & Health Sciences  
College of Nursing**


Patel Nagar, Dehradun - 248 001

Ref. No./SGRRIM&HS/CON/2025- 824

Date: 17/01/2025

**NOTIFICATION: NUTRITIONAL PROGRAMME  
UNDER BEST PRACTICE**

This is to inform you all that SGRRIM&HS College of Nursing is organizing Nutrition practical programme under BEST PRACTICE Serving Therapeutic Diet to hospital patients on 22/01/2025 at SMIH (Orthopedic Ward) from 11am onwards. You all are cordially invited.

  
Thanks & Regards,

Dean, <sup>Principal</sup> Nursing  
College of Nursing  
S.G.R.R.I.M.H.S.  
Patel Nagar, Dehradun



## NUTRITION PRATICAL PROGRAM



**DATE -21/01/2025**

**TIME – 12PM**

**VENUE – ORTHO WARD ,UNIT 1**

**SMIH, PATEL NAGAR,**

**DEHRADUN, UTTARAKHAND.**

# REPORT ON NUTRITION PRACTICAL PROGRAM

## UNDER BEST PRACTICE

### THERAPEUTIC DIET

SGRRU, SGRR IM&HS College of Nursing, Class Co-ordinator **Ms. Kanchan Negi** Nursing Tutor, Department of Adult Health Nursing & **Ms. Kritika** Nursing Tutor, Department of Psychiatric Nursing conducted Nutrition Practical, Under Best Practice on 21<sup>th</sup> January 2025 under the guidance of respected **Prof Dr. G. RAMALAKSHMI**, Dean, SGRRIM&HS College of Nursing, SGRRUniversity.

The therapeutic diet for the patients admitted in Ortho Ward unit I of Shri Mahant Indresh Hospital was prepared by Nursing students. The patients were given health talk on the topic CALCIUM RICH DIET followed by meal distribution.

There were 20 students who prepared the diet and among those 2 students have given health education and it was evaluated by **Ms. SHIVANI**, **Ms. RASHMI**, **Ms. ANJALI**.

Positive feedback was given by patients after having the meal. Total 20 patients were provided therapeutic diet and they liked it and gained the knowledge.





Dehradun, Uttarakhand, India  
Patel Nagar, Dehradun, 248001, Uttarakhand,  
India  
Lat 30.305369, Long 78.022248  
01/21/2025 01:06 PM GMT+05:30  
Note : Captured by GPS Map Camera



Dehradun, Uttarakhand, India  
Patel Nagar, Dehradun, 248001, Uttarakhand,  
India  
Lat 30.305559, Long 78.022062  
01/21/2025 01:01 PM GMT+05:30  
Note : Captured by GPS Map Camera



Dehradun, Uttarakhand, India

Patel Nagar, Dehradun, 248001, Uttarakhand, India

Lat 30.305427, Long 78.022277

01/21/2025 01:01 PM GMT+05:30

Note : Captured by GPS Map Camera



Dehradun, Uttarakhand, India

Patel Nagar, Dehradun, 248001, Uttarakhand, India

Lat 30.305485, Long 78.022288

01/21/2025 01:00 PM GMT+05:30

Note : Captured by GPS Map Camera





Dehradun, Uttarakhand, India

Patel Nagar, Dehradun, 248001, Uttarakhand, India

Lat 30.305565, Long 78.022333

01/21/2025 12:56 PM GMT+05:30

Note : Captured by GPS Map Camera



Dehradun, Uttarakhand, India

Patel Nagar, Dehradun, 248001, Uttarakhand, India

Lat 30.305349, Long 78.022275

01/21/2025 12:55 PM GMT+05:30

Note : Captured by GPS Map Camera





# ATTENDANCE

UTTARKHAND STATE MEDICAL FACULTY ANNUAL PRACTICAL EXAMINATION  
JANUARY 2025  
SGRRIM&HS COLLEGE OF NURSING  
ANM - FIRST YEAR ATTENDANCE SHEET  
SUBJECT: NUTRITION DATE:21/01/2025

| S.NO | ROLL NO     | NAME OF STUDENT | FATHERS NAME         | SIGNATURE   |
|------|-------------|-----------------|----------------------|-------------|
| 1    | 2024ANM0001 | JYOTI           | BASANT SINGH         | Jyoti       |
| 2    | 2024ANM0002 | SIMRAN          | VINOD CHANDRA        | Simran      |
| 3    | 2024ANM0003 | SOMIYA SHAH     | KHUSHI LAL           | Shikha      |
| 4    | 2024ANM0006 | RACHNA          | YUDHVEER SINGH       | Rachna      |
| 5    | 2024ANM0007 | KARISHMA ROKA   | BHJIMAN ROKA         | Karishma    |
| 6    | 2024ANM0008 | SHEETAL RAWAT   | DEV SINGH RAWAT      | Sheetal     |
| 7    | 2024ANM0011 | MANSI BHATNAGAR | ANISH BHATNAGAR      | Mansi       |
| 8    | 2024ANM0014 | POOJA SHAH      | PURUSHATTAM SHAH     | Pooja       |
| 9    | 2024ANM0015 | MANSI BHADRI    | KUSHAL MANI BHADRI   | Mansi       |
| 10   | 2024ANM0019 | KARISHMA        | MANGRAM              | Karishma    |
| 11   | 2024ANM0023 | MANTSHA         | MIRUDDIN             | Mantsha     |
| 12   | 2024ANM0027 | DIYA GARIYA     | PRAKASH SINGH GARIYA | diya garिया |
| 13   | 2024ANM0029 | ANJU DEVI       | SANT LAL             | Anju        |
| 14   | 2024ANM0030 | DIKSHA          | PITAMBER DUTT        | Diksha      |
| 15   | 2024ANM0031 | SHWETA          | GAJENDRA SINGH BISHT | Shweta      |
| 16   | 2024ANM0032 | ANJALI          | BEEJU LAL            | Anjali      |
| 17   | 2024ANM0033 | NIDHI BHANDARI  | VIJAY SINGH BISHT    | Nidhi       |
| 18   | 2024ANM0035 | VANSHIKA MAURYA | SANJAY               | Vanshika    |
| 19   | 2024ANM0038 | RIZUL           | HIMANSHU             | Rizul       |
| 20   | 2024ANM0040 | SATESHWARI      | KISHORI LAL          | Sateshwari  |

*Mirani*  
21/01/2025  
SIGN OF EXAMINER

# FEEDBACK FORM

SGRR UNIVERSITY  
SGRRIM&HS, COLLEGE OF NURSING, PATEL NAGAR DEHRDUN  
NUTRITION FEEDBACK FORM IN SMI HOSPITAL

1. मरीज का नाम... Ajineesh Singh 2 उम्र... 42 लिंग... पुरुष

2. तारीख: 2/1/25 3 पता: 11011 राजपुरा (देहरादून)

4. कोई सुझाव : रक्तानु बहुर-ली अच्युत अच्युत : 19

मरीज के हस्ताक्षर: [Signature]

SGRR UNIVERSITY  
SGRRIM&HS, COLLEGE OF NURSING, PATEL NAGAR DEHRDUN  
NUTRITION FEEDBACK FORM IN SMI HOSPITAL

1. मरीज का नाम... बलीराम 2 उम्र... 67 लिंग... M

2. तारीख: 21/1/25 3 पता: काशी रोड

4. कोई सुझाव : खाता बहुत अच्छा था।

मरीज के हस्ताक्षर: [Signature]