



SGRRIM&HS

COLLEGE OF NURSING

THERAPEUTIC DIET



**We are cordially invite you to
Nutrition practical under best
practice**

DATE-5 OCTOBER
TIME-12.00PM
VENUE- ORTHO WARD
BY-NURSING STUDENTS

SGRRU, COLLEGE OF NURSING, PATEL NAGAR DEHRADUN

REPORT ON NUTRITION PRACTICAL PROGRAM

UNDER BEST PRACTICE

THERAPEUTIC DIET

SGRRIM&HS College of Nursing, Class Co-Ordinator Ms. Sulekha Simalti, Assistant Professor, Department of Mental Health Nursing conducted Nutrition Practical Under Best Practice on 5th October. Therapeutic Diet under the guidance of respected Prof Dr. G. Ramalakshmi Dean, SGRRIM&HS College of Nursing, SGRRUniversity the Guidance was given by Ms. Rashmi Joshi &Mr. Abhilash Gusain.

The therapeutic diet for ortho patients in Ortho Ward unit I and II of shri Mahant Indresh Hospital was prepared by students the patients were given a health talk on these topics its, causes, Nursing management and its prevention and complications.

The students were divided into three groups from Roll no 31 to 40 had prepared high calcium rich diet for fracture patients and second group from 41 to 50 had prepared high protein diet and last group from 51 to 60 had prepared balanced diet for ortho patient and it was evaluated by Mrs. Rebecca Priti and Mrs. Shivani Department of OBG Nursing.

Positive feedback was given by patients after having the meal total 30 patient were provided therapeutic diet. All of the patients liked the meal and all of them gained the knowledge.







Dehradun, UT, India

Patel Nagar, Dehradun, 248001, UT, India

Lat 30.305817, Long 78.022590

10/05/2024 01:24 PM GMT+05:30

Note : Captured by GPS Map Camera

SGRR UNIVERSITY
SGRRIM&HS, COLLEGE OF NURSING, PATEL NAGAR DEHRDUN
NUTRITION FEEDBACK FORM IN SMI HOSPITAL

1. मरीज का नाम..... भरत 2. उम्र..... 43 लिंग..... पुरुष

2. तारीख: 05/9/24 3. पता: भावाकीट

4. कोई सुझाव : वदत वेदतरीन भोजन था
..... मजा आ गया स्वाद / लडके ने
..... अरदा समझाया दिखी मे ।

मरीज के हस्ताक्षर: भरत

SGRR UNIVERSITY
SGRRIM&HS, COLLEGE OF NURSING, PATEL NAGAR DEHRDUN
NUTRITION FEEDBACK FORM IN SMI HOSPITAL

1. मरीज का नाम..... Jabir 2. उम्र..... 47 लिंग..... Male

2. तारीख: 5/oct 2024 3. पता: Sahaspur

4. कोई सुझाव : Tasty & healthy

मरीज के हस्ताक्षर: Jabir

SGRRIM&HS, COLLEGE OF NURSING GNM NUTRITION PRACTICAL

ATTANDANCE SHEET

S.NO	NAME OF STUDENT	SIGNATURE
32	31 MAHIMA TANYA LINDA	Mahima
33	32 MANISH RANA	Manish
34	33 MANSI	Mansi
35	34 NAGAWANG JANGCHUB	Ab
36	35 NEKITA RAWAT	Nikita
37	36 PAYAL	Payal
38	37 PRABHAT BISHT	Prabhat
39	38 PRATIMA	Pratima
40	39 PRIYA MAHAR	Priya
41	40 RAJNI	Rajni
42	41 RAKESH SINGH	Rakesh
43	42 RAKHI	Rakhi
	43 RANJANA	Done ✓
44	44 RANJIT KUMAR	Ranjit Kumar
46	45 SAKSHI KHANDWAL	Sakshi
47	46 SAKSHI RAWAT	Sakshi
48	47 SALONI NEGI	Saloni
49	48 SANDHYA KALYAN	Sandhya
45	49 SANDIYA PARVEEN	Sandhya Parveen
	50 SHIVANI CHAUHAN	Shivani
	51 SHIVANI MAURYA	Shivani
	52 SUMERA	Sumera
	53 TARANGINI GUSAIN	Tara
	54 TENZIN CHODEN	Tenzin
	55 TENZIN CHOEYING	Tenzin
	56 TENZIN KALDEN	Tenzin
	57 TENZIN KYIZOM	Tenzin
	58 TENZIN NAMGYAL	Tenzin
	59 TENZIN THARDOE	Thardo
	60 UJEN CHOINTSO	U. Chointso

31 Mahima Rawat

Mahima