



SGRRIM&HS COLLEGE OF NURSING



THERAPEUTIC DIET

We are cordially invite you to Nutrition practical under best practice



DATE-19 SEPTEMBER
TIME-12.00PM



VENUE- MEDICINE WARD III
BY-NURSING STUDENTS

SGRRU, COLLEGE OF NURSING, PATEL NAGAR DEHRADUN

REPORT ON NUTRITION PRACTICAL PROGRAM

UNDER BEST PRACTICE

THERAPEUTIC DIET

SGRRIM&HS College of Nursing, Class Co-Ordinator Ms. Sulekha Simalti, Assistant Professor, Department of Mental Health Nursing conducted Nutrition Practical Under Best Practice on 19 September 2024. Therapeutic Diet under the guidance of respected Prof Dr. G. Ramalakshmi Dean, SGRRIM&HS College of Nursing, SGRR University the Guidance was given by Ms. Rashmi Joshi & Mr. Abhilash Gusain.

The therapeutic diet for Anemic patients, diabetic mellitus patients and pyrexia patients in Medicine Ward unit 3rd of shri Mahant Indresh Hospital was prepared by students the patients were given a health talk on these topics its, causes, Nursing management and its prevention and complications.

The students were divided into three groups from Roll no 1 to 10 had prepared bland diet for fever patients and second group from 11 to 20 had prepared diabetic diet and last group from 21 to 30 had prepared nutritional diet for anemic patient and it was evaluated by Ms. Julia Jonathan, Fundamental of Nursing.

Positive feedback was given by patients after having the meal total 33 patient were provided therapeutic diet. All of the patients liked the meal and all of them gained the knowledge regarding Anemic diet, Diabetic Diet and Pyrexia Diet.



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NUTRITION FEEDBACK FORM IN SMI HOSPITAL

1. मरीज का नाम: अरशीद
Musreen 2 उम्र: 45 लिंग: F

2. तारीख: 19/09/24 3 पता: सहारनपुर देहरादून

4. कोई सुझाव : खाना तो बहुत अच्छा था
सेट के लिए बहुत सही था

मरीज के हस्ताक्षर: नरसीन

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NUTRITION FEEDBACK FORM IN SMI HOSPITAL

1. मरीज का नाम: Burgi Devi 2 उम्र: 70 लिंग: F

2. तारीख: 19/09/24 3 पता: Kalsi Vikasnagar

4. कोई सुझाव : मुझे यह सुझाव सुने अच्छा लगा
हम अपने परिवार और आस-पास के लोगों को
इस बारे में बताने में मदद करेंगे।

मरीज के हस्ताक्षर: Burgi







**SGRRU, SGRRIM&HS COLLEGE OF NURSING
NUTRITION PRACTICAL**

S.NO.	NAME OF STUDENTS	SIGNATURE
1	ADITI RANA	Aditi
2	AARTI	Aarti
3	ABHISHEK	Abhishek
4	ALKA	Alka
5	AMAN TAGALA	Aman
6	AMRITA SHARMA	Amrita
7	ANCHAL	Anchal
8	ANCHAL NEGI	Anchal
9	ANJALI	Anjali
10	ANJALI PAL	Anjali
11	ANJALI PANWAR	Anjali
12	ANWESHA	Anwesha
13	ASHA	Asha
14	ASTHA	Absent
15	AYUSHI VERMA	Ayushi
16	BHARTI	Bharti
17	DIVYANSHU MISHRA	Divyanshu
18	DONCHI DOLMA	Donchi Dolma
19	HARSHIT MANDOLA	Harshit
20	KAJAL	Kajal
21	KAMINI	Kamini
22	KHUSHI	Khushi
23	KARISHMA CHAUHAN	Karishma
24	KM. NIDHI	Nidhi
25	KM. RANJANA	Ranjana
26	KRITIKA	Kritika
27	KUMKUM	Kumkum
28	KUNGA LEGIUNG	Kunga
29	KUSHAL CHAUHAN	Kushal
30	KUSUM BISHT	Kusum