

REPORT ON NUTRITION PRACTICAL PROGRAM UNDER BEST PRACTICE SERVING THERAPEUTIC DIET

SGRRIM& HS, College of Nursing, FUNDAMENTAL OF NURSING DEPARTMENT conducted Nutrition Practical program under **BEST PRACTICE** serving Therapeutic Diet under the guidance of Prof Dr. G. Ramalakshmi Dean, SGRRIM&HS College of Nursing, Shri Guru Ram Rai University on 2/08/24. The students were supervised by Mrs. Pragati Rawat, Ms. Garima, Ms. Simran.



Therapeutic Iron Rich diet was prepared by the students of B.Sc II Semester students. The patients were given a health talk on Iron rich diet, its sources and prevention of Iron deficiency.


Principal
College of Nursing
S.G.R.R.I.M.H.S.
Patel Nagar, Dehradun

Medical Superintendent SMIH Dr. Ajay Pandita was present on this occasion to encouraged the students.



A. R. Singh
Principal
College of Nursing
S.G.B.R.I.M.H.S.
Patel Nagar, Dehradun



A. R. Singh
Principal
College of Nursing
S.G.R.R.I.M.H.S.
Patel Nagar, Dehradun



Positive feedback was given by patients after having the meal. Total 23 patients were provided by Therapeutic Diet. All the patients liked the meal and all of them gained the knowledge regarding Iron rich diet.



C. Rahm
Principal
College of Nursing
S.G.R.R.I.M.H.S.
Patel Nagar, Dehradun