


SHRI GURU RAM RAI UNIVERSITY, DEHRADUN - 248 001
School of Yogic Science & Naturopathy
External Exam Date Sheet for End Semester June-2024
B.Sc. in Yogic Science, Sem - II
Time - Morning 10:00 AM to 12:00 PM

Course Programme	Semester	Subject Code	Subject Name	Date	Day
B.Sc. in Yogic Science	Second	YOGDC201	Patanjal Yoga Darshana	07-05-2024	Tuesday
		YOGDC202	Human Anatomy and Physiology-I	09-05-2024	Thursday
		JMCGE201	Introduction to Journalism-2	13-05-2024	Monday
		AEC201	Environmental Studies-I	15-05-2024	Wednesday
		YOGSEC201	Basis of Sanskrit	17-05-2024	Friday
		YOGVC201	Introduction of Pranayama	20-05-2024	Monday

B.Sc. in Yogic Science, Sem - IV
Time - Morning 10:00 AM to 12:00 PM

Course Programme	Semester	Subject Code	Subject Name	Date	Day
B.Sc. in Yogic Science	Fourth	YOGMC401	Essence of Bhagavad Gita for Holistic Living	08-05-2024	Wednesday
		YOGMC403	Methods of Teaching Yoga	10-05-2024	Friday
		HINGE401	हिन्दी गद्य साहित्य का परिचय	14-05-2024	Tuesday
		YOGVC401	Yogic Diet and Nutrition	16-05-2024	Thursday
		YOGCC401	Environmental Studies	18-05-2024	Saturday

M.Sc. in Yogic Science, Sem - II		Time - Morning 10:00 AM to 12:00 PM			
Course Programme	Semester	Subject Code	Subject Name	Date	Day
M.Sc. in Yogic Science	Second	MYSC201	Patanjal Yoga Darshan	08-05-2024	Wednesday
		MYSC202	Human Consciousness	10-05-2024	Friday
		MYSC203	Applications of Yogic Texts	14-05-2024	Tuesday
		MYSC204	Human Anatomy, Physiology and Yoga-2	16-05-2024	Thursday
M.A. in Human Consciousness and Yogic Science		Time - Morning 10:00 AM to 12:00 PM			
Course Programme	Semester	Subject Code	Subject Name	Date	Day
M.A. in Human Consciousness and Yogic Science	Second	MYHC201	Patanjal Yoga Darshan	08-05-2024	Wednesday
		MYHC202	Human Consciousness	10-05-2024	Friday
		MYHC203	Applications of Yogic Texts	14-05-2024	Tuesday
		MYHC204	Human Anatomy, Physiology and Yoga-2	16-05-2024	Thursday
M.Sc. in Yogic Science and Alternative Therapy		Time - Morning 10:00 AM to 12:00 PM			
Course Programme	Semester	Subject Code	Subject Name	Date	Day
M.Sc. in Yogic Science and Alternative Therapy	Second	MYAC201	Patanjal Yoga Darshan	08-05-2024	Wednesday
		MYAC202	Introduction to Ayurveda & Panchkarma	10-05-2024	Friday
		MYAC203	Applications of Yogic Texts	14-05-2024	Tuesday
		MYAC204	Human Anatomy, Physiology and Yoga-2	16-05-2024	Thursday

M.Sc. in Yogic Science and Naturopathy			Time - Morning 10:00 AM to 12:00 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day
M.Sc. in Yogic Science and Naturopathy	Second	MYNC201	Patanjal Yoga Darshan	08-05-2024	Wednesday
		MYNC202	Introduction to Ayurveda & Panchkarma	10-05-2024	Friday
		MYNC203	Applications of Yogic Texts	14-05-2024	Tuesday
		MYNC204	Human Anatomy, Physiology and Yoga-2	16-05-2024	Thursday
B.Sc. In Yogic Science, Sem - VI			Time - Evening 02:00 PM to 04:30 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day
B.Sc. In Yogic Science	Sixth	BYSC_601	Yoga and Human Values	07-05-2024	Tuesday
		BYSC_602	Applied Yoga	09-05-2024	Thursday
		BYSC_603	Research Methodology & Statistics	11-05-2024	Saturday
		BSY_DSET604	DSE-3 (Yogic Diet and Nutrition)	13-05-2024	Monday
		BSY_DSET605	DSE-4 (Yoga and Mental Health)	15-05-2024	Wednesday
M.A. in Yogic Science, Sem - VI			Time - Evening 02:00 PM to 04:30 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day
M.A. in Yogic Science	Fourth	MYSC_401	Yoga and Alternative Therapies	07-05-2024	Tuesday
		MYSC_402	Yoga Therapy	09-05-2024	Thursday
		MYSE_403	Yoga and Psychology	11-05-2024	Saturday
		MYSE_404	Essay	13-05-2024	Monday
M.Sc. in Yogic Science, Sem - VI			Time - Evening 02:00 PM to 04:30 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day
M.Sc. in Yogic Science	Fourth	MYSC_401	Yoga and Alternative Therapies	07-05-2024	Tuesday
		MYSC_402	Yoga Therapy	09-05-2024	Thursday
		MYSE_403	Biomechanics and Kinesiology	11-05-2024	Saturday

